**Baked Apples**

**Cooking apples, finely chopped - lemon juice to keep them rfom going brown**

**Honey**

**Sultanas**

**Cinnamon**

**Layer the sliced apples in a flan dish. Sprinkle cinnamon and sultanas over the apples. Add honey and stick in the oven and bake until the apples are soft and squidy.**

**Serve with a blob of natural yoghurt**